**Alcohol and Drug Concerns**

Alcohol has been associated with the College experience for ages. Some people may ignore college students drinking, claiming, "it’s a normal rite of passage". But is it? And what constitutes “normal”?

Here are some quick facts:

**Death:** 1,700 students between the ages of 18 and 24 die each year from alcohol-related unintentional injuries, including motor vehicle accidents

**Injury:** 599,000 students between the ages of 18 and 24 are unintentionally injured under the influence of alcohol

**Assault:** More than 696,000 students between the ages of 18 and 24 are assaulted due to drinking by another student

**Sexual Abuse:** More than 97,000 students between the ages of 18 and 24 are victims of alcohol-related sexual assault or date rape

**Academic Problems:** About 25% of college students report academic consequences of their drinking, including: missing class, falling behind, doing poorly on papers or exams, and receiving lower grades overall

**Health Problems/Suicide Attempts:** More than 150,000 students develop an alcohol-related health problem and between 1.2% - 1.5% of students indicate they tried to commit suicide within the past year due to drinking or drug use

**Alcohol Abuse and Dependence:** 31% of college students met criteria for a diagnosis of alcohol abuse and 6% for a diagnosis of alcohol dependence in the past 12 months, according to self-report based questionnaires

If you or someone you know is dealing with an alcohol or other drug related problem there are resources available to you, please contact:

**On Campus**

Sara Thor, Student Accessibility Coordinator  
Room RL100, Phone 414-847-3347  
sarathor@miad.edu

Jennifer Crandall, Associate Dean of Students  
Room RL95, Phone 414-847-3344  
jennifercrandall@miad.edu

Tony Nowak, Dean of Students  
Room RL45C, Phone: 414-847-3240  
tonynowak@miad.edu

**Marquette University Counseling Center**  
(414) 288-7172  
Room 204 Holthusen Hall  
1324 W. Wisconsin Ave, Milwaukee, WI

**Marquette University Student Health Services**  
(414) 288-7184  
East Side of N. 16th Street, between Clybourn and Wisconsin Ave
To estimate your risk regarding alcohol consumption, please take a look at the following questionnaire. You may also answer the questions with someone else in mind.

The AUDIT is a 10-item questionnaire developed by the World Health Organization to identify persons whose alcohol consumption has become hazardous or harmful. The screening has excellent reliability and validity established in many different populations around the world, including college students. The AUDIT has been published in many resources including: Walters, S.T., & Baer, J. S. (2006). Talking with College Students About Alcohol. New York: The Guilford Press.

The scoring is simple: the numbers for each response are added up to give a composite score.

<table>
<thead>
<tr>
<th>Question</th>
<th>0 = Never</th>
<th>1 = Monthly or less</th>
<th>2 = Two-four/month</th>
<th>3 = Two-three/week</th>
<th>4 = Four or more/week</th>
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</thead>
<tbody>
<tr>
<td>1. How often do you have a drink containing alcohol?</td>
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<td>2. How many drinks containing alcohol do you have on a typical day when you are drinking?</td>
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<td>3. How often do you have six drinks or more on one occasion?</td>
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<td>4. How often during the last year have you found that you were not able to stop drinking once you had started?</td>
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<td>5. How often during the last year have you failed to do what was normally expected from you because of drinking?</td>
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<tr>
<td>6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?</td>
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</tbody>
</table>
7. How often during the last year have you had a feeling of guilt or remorse after drinking?  
0 = Never  
1 = Less than monthly  
2 = Monthly  
3 = Weekly  
4 = Daily or almost daily

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?  
0 = Never  
1 = Less than monthly  
2 = Monthly  
3 = Weekly  
4 = Daily or almost daily

9. Have you or someone else been injured as a result of your drinking?  
0 = No  
1 = Yes, but not in the last year  
2 = Yes, during the last year

10. Has a relative, friend or health professional been concerned about your drinking or suggested you cut down?  
0 = No  
1 = Yes, but not in the last year  
2 = Yes, during the last year

Scores above 8 call for an in-depth assessment and may be indicative of an alcohol problem.

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**References and Further Information:**

[www.collegedrinkingprevention.gov](http://www.collegedrinkingprevention.gov)  
[www.factsontap.org/index.htm](http://www.factsontap.org/index.htm)  
Talking with College Students about Alcohol by Scott Walters and John Baer